

Study Skills Self-Assessment

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| 1.) I never miss class (in-person or virtual). Attending class is my highest priority. | 1.) I miss class (in-person or virtual) frequently. Sometimes my job, personal life, and other things take priority. |
| 2.) I have a fixed study schedule. I prepare for class even when no assignment is due. | 2.) I study only when under pressure and/or last-minute before a due date. If nothing is due, I do not study. |
| 3.) I use different study methods, depending on the material/course, such as: read the textbook, re-read my notes and any handouts, watch videos, listen to audio recordings, form study groups with my peers, etc. | 3.) I use one basic study method: I only re-read my notes, handouts, and/or textbook. |
| 4.) I show initiative by doing all of the work that is required, and more. | 4.) I seldom show initiative. I usually do less than is required. |
| 5.) I am always prepared for class. I respond when prompted and contribute to class discussion (in-person or virtual). My assignments are always completed on time, and I put much effort and thought into my work. | 5.) I am not always prepared for class. I do not always complete assignments, or I do them hastily. I frequently turn in my work late. |
| 6.) I am visibly interested during class. I take notes, ask questions, and engage. | 6.) I am obviously bored or lack enthusiasm in class. My mind wanders. I rarely ask questions or engage. |
| 7.) I learn concepts rather than memorize details. I try to connect ideas from my other courses / experiences. I actively try to see how my classes relate to the real world. | 7.) I memorize details instead of learning concepts. I do not try to see the connections between my courses/experiences. I do not try to see the relevance of my classes to the real world. |
| 8.) When I do not understand something, I ask for help from my instructors or I make an appointment with Tutoring Services. | 8.) When I don't understand something, I keep going over the material, hoping I will eventually get it. |

<p>9.) I make sure I have learned the basic skills I need to do well in a class before I take it (i.e., improve reading, writing, or math skills, etc).</p>	<p>9.) I do not like to “waste time” and money on basic classes. I will just pick up the basics as I go along.</p>
<p>10.) I view learning as being primarily my responsibility. Once the instructor has given me the information and tools, it is up to me to use them.</p>	<p>10.) If I do not learn something, it is someone else’s fault. I shouldn’t have to put in extra effort to learn something.</p>
<p>** If you answered more from this column, you realize that you are accountable for your success and learning. While the instructor will provide you with the knowledge and tools, it is up to you to apply them and fully understand them. You understand this and because of that, you are successful in your courses!</p>	<p>** If you answered more from this column, it will be beneficial to engage more with your learning. You are accountable for your own comprehension. The instructor will provide you with knowledge and tools, but it is up to you to make connections, fully comprehend the material, and ask for help if you need it.</p>