

BAKER COLLEGE STUDENT LEARNING OUTCOMES

BIO2710 Clinical Kinesiology
4 Semester Hours

Student Learning Outcomes and Enabling Objectives

At the completion of this course, the student will be able to perform the following outcomes with a minimum competency of 80% (B-) or better on all coursework:

- 1. Examine physics concepts of kinetics and kinematics as they relate to human motion.
 - a. Analyze the physical properties of motion as they apply to torque, biomechanical levers, line of pull, and vectors.
 - b. Investigate basic kinematic terminology including the arthrokinematics and osteokinematics of each region of the human body.
- 2. Differentiate the structure and function of the human body as it relates to movement by region.
 - a. Identify the interrelationship of the major muscles, tendons, ligaments, bones, and supporting structures within the human body.
 - b. Identify the anatomical structure and category for each of the major joints of the body.
 - c. Compare and contrast the different types of skeletal muscles including symmetry and shape.
 - d. Describe various types of muscular activation and the length-tension relationship of muscles.
 - e. Describe the primary motor and sensory components of the central and peripheral nervous system.
 - f. Locate tracts, cranial nerves, plexuses, and major peripheral nerves.
 - g. Differentiate between upper and lower motor neurons.
- 3. Analyze the functional anatomy of the human body by region.
 - a. Compare the planes of movement and the primary components of motions of each joint.
 - b. Describe the primary and secondary movers (musculature) of each major joint by region.
 - c. Identify the synergistic and antagonistic forces with respect to each joint.
 - d. Demonstrate active and passive insufficiency of major multi-joint muscles.
 - e. Describe the biomechanics of respiration.
 - f. Explore the kinesiology and phases of normal human gait.
 - g. Differentiate between open and closed kinetic chain movements of the upper and lower extremities.
- 4. Demonstrate accurate identification of surface anatomy landmarks and appropriate palpation of anatomical structures.
 - a. Demonstrate appropriate patient handling and preparation for palpation.
 - b. Identify the primary bony landmarks for each region of the body.

- c. Palpate the major skeletal muscles involved in joint movements.
- d. Distinguish normal and abnormal structures with observation and manual palpation.

Big Ideas

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- Principles of kinesiology
- Structure and Function of Joints and Skeletal Muscle
- Functional Anatomy by region
- Palpation by region
- Gait

These SLOs are not approved for experiential credit.

Effective: Fall 2018