



BAKER COLLEGE
STUDENT LEARNING OUTCOMES

**CSL 5210 Theories of Counseling and
Psychotherapy
3 Semester Credit Hours**

Student Learning Outcomes and Enabling Objectives

1. Evaluate the major counseling theoretical orientations.
 - a. Compare the historical development of key counseling theories.
 - b. Explain the evolution of counseling theories from early philosophical concepts to contemporary approaches.
 - c. Differentiate the foundational principles of psychoanalytic, humanistic, cognitive-behavioral theories, as well as others.
 - d. Analyze the current applications of major counseling theories in diverse contexts.
2. Construct a personal theoretical approach to counseling.
 - a. Develop an awareness of how one's personal characteristics and competencies interact to influence the development of a theoretical approach to counseling.
 - b. Examine the influence of cultural factors on implementation of counseling theories and interventions in the development of personal theoretical approach.
3. Evaluate the effectiveness of counseling interventions based on theoretical frameworks.
 - a. Apply counseling theories to case studies.
 - b. Apply information from multiple counseling theories to develop comprehensive treatment plans for hypothetical clients.
 - c. Explore emerging trends and innovative techniques within various counseling approaches.

Big Ideas and Essential Questions

Big Ideas

- Solidify a theoretical approach
- Case conceptualization using different theoretical approaches
- Cultural competence and cultural humility in counseling

Essential Questions

1. What are the major theories of counseling?
 2. What is my personal theoretical framework?
 3. What makes counseling interventions effective or not effective?
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These SLOs are not approved for experiential credit.

Effective: Fall 2024