



BAKER COLLEGE
STUDENT LEARNING OUTCOMES

CSL5810 Mental Health Counseling
3 Semester Hours

Student Learning Outcomes & Enabling Objectives

1. Examine the history and philosophy of the counseling profession in mental health and vocational rehabilitation settings.
 - a. Explore the evolution and development of mental health services.
 - b. Explore the evolution and development of rehabilitation counseling.
 - c. Examine the implementation of systems approaches in the delivery of human services in various settings.
2. Examine the applications of ethical and legal considerations in mental health and rehabilitation counseling.
 - a. Explore the ethical and legal issues relevant to career development and career counseling.
 - b. Explore the ethical and legal issues relevant to establishing and maintaining counseling relationships in mental health settings.
 - c. Explore crisis intervention, trauma-informed, community-based, and disaster mental health strategies.
 - d. Describe principles and strategies of caseload management and the referral process to promote independence, optimal wellness, empowerment, and engagement with community resources.
3. Examine the social factors addressed in welfare services and mental health services.
 - a. Explore the effects of historical events, multigenerational trauma, and current issues on diverse cultural groups in the U.S. and globally.
 - b. Explore the effects of stereotypes, overt and covert discrimination, racism, power, oppression, privilege, marginalization, microaggressions, and violence on counselors and clients.
 - c. Explore the effects of various socio-cultural influences, including public policies, social movements, and cultural values, on mental and physical health and wellness.
 - d. Examine disproportional effects of poverty, income disparities, and health disparities toward people with marginalized identities.
 - e. Analyze principles of independence, inclusion, choice, self-empowerment, and access to services within and outside the counseling relationship.
4. Analyze the social factors and elements of career counseling and vocational rehabilitation counseling.

- a. Examine the theories and models of career development, counseling, and decision-making.
- b. Explore approaches for conceptualizing the interrelationships among and between work, socioeconomic standing, wellness, disability, trauma, relationships, and other life roles and factors.
- c. Explain the approaches for assessing the conditions of the work environment on clients' life experiences.
- d. Explore the strategies for assessing abilities, interests, values, personality, and other factors contributing to career development.
- e. Differentiate strategies for improving access to educational and occupational opportunities for people from marginalized groups.

Big Ideas and Essential Questions

Big Ideas

- History and Philosophy
- Ethical and Legal considerations
- Social Factors in Mental Health Counseling
- Social Factors in Vocational Rehabilitation

Essential Questions

1. How have mental health, welfare, and vocational rehabilitation services evolved over time?
2. What are some of the legal and ethical considerations for working in career counseling?
3. What are some of the legal and ethical considerations for working in mental health settings?
4. What are some of the social factors to be considered and addressed through mental health services and welfare services?
5. What are some of the social factors to be considered and addressed in vocational rehabilitation services?

These SLOs are not approved for experiential credit.

Effective: Spring 2025