



**BAKER COLLEGE**  
**STUDENT LEARNING OUTCOMES**

**EDU 1410 Health and Physical Education for Elementary  
Teachers**  
**3 Semester Hours**

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**Student Learning Outcomes & Enabling Objectives**

1. Identify and apply research-based strategies to create opportunities for all students to develop critical knowledge, skills, and behaviors that contribute to lifelong health
  - a. Describe the basic concepts of safety; social-emotional health; healthy eating; physical activity; and disease prevention and relationships of these factors to health and learning
  - b. Describe the health effects of alcohol, tobacco, and other drug use; and the relationship of these factors to health and learning
  - c. Discuss research-based methods that promote students' knowledge, skills, and behaviors that contribute to lifelong health
  - d. Discuss the characteristics of research-based quality health education curricula, and health education resources in Michigan
  - e. Explain the appropriate decision-making processes relative to healthy life choices
  - f. Recognize the connections between health education and other content areas and everyday life
  - g. Describe effective strategies and resources for developing and assessing knowledge and skills related to health education
  - h. Compare types and characteristics of sources of information used in health education (e.g., printed media, electronic media)
  - i. Discuss effective strategies to help P-12 students construct meaning from health education sources, apply critical and creative thinking and convey information about health education.
  - j. Explain ethical considerations associated with researching, producing, and representing written, oral, and multiple-media communications in health education
2. Demonstrate knowledge and understanding through planning and appropriate implementation of effective research-based human movement and physical activity strategies to foster active, life-long, healthy lifestyles for all elementary students
  - a. Describe components of health-related physical fitness, the F.I.T.T. principle, and methods for applying these components and principles to promote students' skills, knowledge, and behaviors that contribute to learning and healthy lifestyles
  - b. Explain the application of principles and theories of motor development to promote students' skill acquisition and knowledge
  - c. Discuss and recognize movement concepts as they apply to the development of motor skills

- d. Recognize methods for applying concepts of personal/social development in the context of physical activity (e.g., responsibility, cooperation, positive self-concept) to promote students' skills, knowledge, and behaviors that contribute to learning and healthy lifestyles
- e. Recognize connections between physical education and other content areas and everyday life
- f. Describe effective strategies and resources for developing and assessing knowledge and skills related to physical education
- g. Compare types and characteristics of sources of information used in physical education (e.g., printed media, electronic media)
- h. Discuss effective strategies to help P-12 students construct meaning from physical education sources, apply critical and creative thinking and convey information about physical education.
- i. Explain ethical considerations associated with researching, producing, and representing written, oral, and multiple-media communications in physical education

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These SLOs are/are not approved for experiential credit.

**Effective: Summer 2018**