



**BAKER COLLEGE**  
**STUDENT LEARNING OUTCOMES**

**NUR4680 Holistic Care**

**3 Semester Hours**

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**Student Learning Outcomes and Enabling Objectives**

1. Relate theories and concepts of holistic nursing to culturally diverse patient populations.
  - a. Explore the theory of integral nursing and its implication for clinical practice, education, research, and policy.
  - b. Relate holistic ethics to clinical situations.
2. Critique own healing practices using self-reflection and self-development.
  - a. Describe the Integrated Health and Wellness Assessment (IHWA) and its eight categories.
  - b. Reflect on the relationship between lifelong learning and holistic self-development.
3. Identify various types of mind-body-spirit therapies useful in nursing.
  - a. Explore select complementary and integrative healthcare practices.
  - b. Describe the role of the nurse, in partnership with the client, in developing a therapeutic plan of care.
4. Describe the components of a healing environment.
  - a. Explore the impact of our external environment on health and well-being.
  - b. Examine the role of holistic nurses as advocates for creating healthier communities.
5. Examine effective communication in all areas of holistic practice.
  - a. Describe the concepts that distinguish holistic communication.
  - b. Integrate foundational holistic communication processes into clinical practice.
6. Analyze evidence-based practices of holistic therapies.
  - a. Describe research, evidence-based practice and quality improvement from a holistic perspective.
  - b. Describe the evidence-based approach for translating evidence into best practice in holistic nursing.

**Big Ideas and Essential Questions**

## **Big Ideas**

- Holistic Practice
- Mind-Body-Spirit
- Healing Practices
- Self-reflection
- Communication
- Evidenced Based Practice in Holistic Nursing

## **Essential Questions**

- What is holistic practice?
- How does holistic practice impact health?
- How can I integrate holistic practice into my nursing practice?
- What is the evidence in support of holistic practice?

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These SLOs are not approved for experiential credit.

**Effective: Fall 2022**