

## BAKER COLLEGE STUDENT LEARNING OUTCOMES

## OCC3510 The Aging Process and the Implications of Pathology/Conditions 3 Semester Hours

## **Student Learning Outcomes & Enabling Objectives**

- 1. Apply historical definitions of aging.
  - a. Discuss reasons for increased longevity in modern times.
- 2. Demonstrate knowledge and appreciation of the role of sociocultural, socioeconomic, and diversity factors and lifestyle choices in contemporary society.
  - a. Discuss contributing factors to an individual's engagement in occupation as it relates to the aging process.
- 3. Demonstrate knowledge of the functional changes that occur with aging and how these impact and contribute meaning to the occupations of the older adult in the following performance skill areas:
  - a. Summarize sensory perceptual skills.
  - b. Summarize motor and praxis skills.
  - c. Summarize emotional regulation skills.
  - d. Summarize cognitive skills.
  - e. Summarize communication and social skills.
- 4. Demonstrate knowledge of the normal age-related changes and pathological conditions in older adults. Compare and contrast the following systems:
  - a. Cardiopulmonary.
  - b. Cardiovascular.
  - c. Muscular.
  - d. Skeletal.
  - e. Nervous.
- 5. Justify how advancing age alters engagement in areas of occupation, including patterns and performance skills. Explain the following terms performance skills:
  - a. ADL and IADL.
  - b. Rest and sleep.
  - c. Education.
  - d. Work.
  - e. Play and leisure.

- f. Social participation.
- 6. Use sound judgment in regard to safety of self and others when determining the focus of assessment, establish goals, and planning treatment.
  - a. Make use of safety guidelines when presenting driving assessments.
  - b. Express support for the quality of life, well-being, and occupation of the individual, group, or population.
- 7. Formulate an understanding of common pathological conditions experienced in aging (both physical and psychosocial) including:
  - a. Explain risk factors.
  - b. Explain diagnostic processes.
  - c. Explain impact on occupation and role performance.
  - d. Explain impact on individual, family, and community.
  - e. Define Prognosis.
  - f. Choose appropriate referral to other health care professionals.
- 8. Apply strategies for balancing areas of occupation with the achievements of health and wellness in older adults.
  - a. Define theoretical models of health and wellness use to develop strategies.
- 9. Analyze the trends in models of service delivery for the aging population and their potential effect on occupational therapy practice.
  - a. Define community model.
  - b. Define social model.
  - c. Define medical model.
- 10. Evaluate appropriateness of community resources for referring clients that facilitate aging in place and improved quality of life for the older adult. Locate and discuss the following resources:
  - a. Personal caregivers.
  - b. Adaptive equipment.
  - c. Environmental adaptations.
  - d. Fall precautions.
  - e. Mobility equipment.
  - f. Driver's rehabilitation.
  - g. Advocacy/legal services.
  - h. Grandparents raising grandchildren.
  - i. Community services for aging in place.
  - i. Health Care.

- 11. Provide recommendations and training in techniques to enhance community mobility, including public transportation, community access, and issues related to driving and driver's rehabilitation.
- 12. Apply the concepts of occupation to promote health and well-being.
  - a. Discuss the nature and scope of naturally occurring changes associated with aging and the lifecycle.

These SLOs are not approved for experiential credit.

Effective: Fall 2017