



BAKER COLLEGE
STUDENT LEARNING OUTCOMES

**OTA 2050 Principles and Applications in Mental
Health
3 Semester Credit Hours**

Student Learning Outcomes and Enabling Objectives

1. Explore the history of occupational therapy (OT) in mental health care and the Diagnostic & Statistical Manual of Mental Disorder-5 (DSM-5) implications for current OT practices.
 - a. Compare and contrast the development of psychological mental health theories with current OT practice guidelines and models.
 - b. Discuss the importance of (DSM-5) language in mental health care.
 - c. Explore the development and current structure of the Diagnostic and Statistical Manual of Mental Disorders (DSM-5).
 - d. Identify current mental health service recipients.
 - e. Identify current mental health service settings and emerging practice areas.
2. Examine the Occupational Therapy Domains as they relate to mental health and wellness.
 - a. Discuss how occupations and mental health impact each other.
 - b. Explain how context and mental health impact each other.
 - c. Explain how client factors and mental health impact each other.
 - d. Compare and contrast DSM diagnostic criteria with OT Domains.
3. Examine the Occupational Therapy Process as it relates to mental health service recipients.
 - a. Administer basic mental health assessments.
 - b. Implement group treatment.
 - c. Explore occupation-based interventions to promote health and well-being.
 - d. Document treatment outcomes.
4. Examine current mental health treatment approaches available to the OTA.

- a. Explain strategies for reality orientation interventions.
- b. Discuss strategies for emotional regulation and self-management for different mental health conditions.
- c. Identify techniques used to remediate and compensate for cognitive, sensory, and mood deficits for different mental health conditions.

Big Ideas and Essential Questions

Big Ideas

- Historical implications of mental health
- OT approaches to mental health treatment
- Advocacy and ethical reasoning

Essential Questions

1. How do we identify mental health versus mental illness?
2. How may historical events influence our current understanding of mental health care?
3. How does setting impact service delivery for the OTA in the mental health profession?
4. What clinical techniques in mental health care are best suited to the OTA?

These SLOs are not approved for experiential credit.

Effective: Spring 2025