



BAKER COLLEGE
STUDENT LEARNING OUTCOMES

PSY3510 Adolescent Psychology
3 Semester Credit Hours

Student Learning Outcomes and Enabling Objectives

1. Examine development of adolescent psychology. (APA 1.2c)
 - a. Identify key figures of adolescent psychology.
 - b. Identify major theoretical perspectives of adolescent psychology.
 - c. Explore issues of emerging adolescent development.
2. Analyze the critical biological transitions in adolescence. (APA 1.3B)
 - a. Identify biological transitions related to physical, brain, and motor skill development.
 - b. Explore how biological changes influence adolescent cognition, emotions, and behaviors.
3. Analyze the changes in cognition development in adolescence. (APA 1.3B)
 - a. Explore how decision-making, abstract thought, and critical thinking influences adolescent behavior.
 - b. Analyze why risk-taking behavior is more prevalent in adolescence.
 - c. Identify the role of achievement motivation.
4. Examine the psychosocial development in adolescence and how these changes influence adolescent thoughts, emotions, and behaviors. (APA 1.1D; 1.3d; 2.1a)
 - a. Investigate the aspects of identity development.
 - b. Discuss how autonomy develops.
 - c. Explore moral development.
 - d. Examine the development of adolescence sexuality.
5. Examine the influence of social environments relevant to adolescence. (APA 2.1C)
 - a. Analyze relationship changes within the family.
 - b. Investigate relationships with peers and school.
 - c. Explore relationships with culture, media, and community.
6. Explore common emotional/ behavioral/mental health problems present in adolescence.
 - a. Explain the effects of mental health disorders in adolescence.
 - b. Examine the interconnectedness of physical wellbeing and emotional/ behavioral health.

- c. Describe treatment and intervention options.

Note: Each SLO/EO is aligned to the American Psychological Association (APA) guidelines for undergraduate learning outcomes.

Big Ideas and Essential Questions

Big Ideas

- Adolescent Development
- Biological Changes
- Psychological changes
- Mental Health
- Social Influences

Essential Questions

1. How can psychological theories help understand adolescence?
2. How does psychosocial development during adolescence influence thoughts, emotions and behavior?
3. How do biological changes during adolescence influence thoughts, emotions and behavior?
4. Why is it important to examine cultural and social influences during adolescence?
5. How do mental health challenges affect adolescents?
6. Why is it important to study family, peer, and community influences on adolescents?

These SLOs are not approved for experiential credit.

Effective: Summer 2021