

BAKER COLLEGE STUDENT LEARNING OUTCOMES

PTA2110A Functional Mobility 3 Semester Hours

Student Learning Outcomes & Enabling Objectives

At the completion of this course, the student will be able to perform the following outcomes with a minimum competency of 77% (C+) or better:

- 1. Perform basic patient care skills to improve mobility for various patient populations.
 - a. Examine the plan of care established by the physical therapist prior to initiating patient treatment.
 - b. Demonstrate appropriate body mechanics with transfers and patient handling techniques for various patient conditions.
 - c. Demonstrate all fundamental skills needed to treat patients with various mobility impairments, including bed mobility, transfers, and functional training.
 - d. Identify the patient's state of arousal, mentation, and level of cognition prior to initiating physical therapy interventions.
 - e. Recognize abnormal integumentary changes and altered sensation and the effects on a treatment session including positioning and postures that aggravate or relieve pain.
 - f. Provide patient-related instruction to patients, family members, and caregivers to achieve patient outcomes based on the plan of care established by the physical therapist.
 - g. Document interventions for mobility accurately and efficiently.
- 2. Develop an effective, individualized mobility program identified along the mobility spectrum within the plan of care established by the physical therapist.
 - a. Describe the levels of the mobility spectrum and the effects of immobility.
 - b. Demonstrate effective interventions for common mobility impairments based on the plan of care established by the physical therapist.
 - c. Demonstrate appropriate modification of interventions based on the patient's response and plan of care.
 - d. Identify the internal and external environmental barriers that impact mobility.
- 3. Investigate activities of daily living (ADL), and safely and effectively provide interventions aimed to improve function within the plan of care established by the physical therapist
 - a. Compare and contrast the ADL assessment tools available for rehabilitation personnel.

- b. Administer appropriate standardized questionnaires, graphs, behavioral scales, visual analog scales and functional outcome measures for common patient conditions.
- c. Select ADL adaptive equipment, training techniques, and task modification for ADL development and treatment.
- d. Explore the progression of task-analysis interventions, such as functional capacity assessments and endurance-related activities.
- e. Examine the Americans with Disabilities Act and how it affects a patient's mobility.
- 4. Explain the safety, status, and progression of patients while engaged in gait, locomotion, balance, wheelchair management and mobility.
 - a. Define the terminology associated with normal and abnormal gait patterns.
 - b. Identify the components and phases of normal human locomotion.
 - c. Instruct patients on the use of canes, crutches, walkers, and other assistive devices for mobility for various patient conditions.
 - d. Compare and contrast the components of a wheelchair and various indications for wheelchair prescription, including modifications for positioning, support, and mobility assistance.
- 5. Demonstrate professional behaviors in the classroom and laboratory conducive to the APTA's Value Based Behaviors for the Physical Therapist Assistant.
 - a. Demonstrate technically correct oral and written communication.
 - b. Identify legal and ethical considerations for the field of physical therapy.

Big Ideas

- Basic patient care skills
- Mobility Spectrum
- ADLs and Functional Outcomes
- Gait and assistive devices
- Wheelchair Fit and Mobility
- Professional Behavior

Essential Questions

- 1. How does a PTA impact a patient's function through mobility interventions?
- 2. Why is it important to understand the Mobility Spectrum as it relates to patient care?
- 3. What role do ADL's and functional outcomes play when treating a patient?
- 4. How will you identify gait deviations and determine the appropriate assistive device for a patient?
- 5. Based on patients' impairments, what would be the ideal wheelchair fit for safe and effective mobility?
- 6. How does a PTA's professional behaviors affect the PTA/patient relationship?