

BAKER COLLEGE STUDENT LEARNING OUTCOMES

PTA 2310 Patient Assessment 3 Semester Credit Hours

Student Learning Outcomes and Enabling Objectives

At the completion of this course, the student will be able to perform the following outcomes with a minimum competency of 77% (C+) or better.

- 1. Discuss foundational concepts of assessment and data collection.
 - a. Describe the relevance of assessment techniques how it relates to patient interventions and progress.
 - Explain the proper patient positioning and accurate measurement principles for goniometric measurement and muscle length assessment of each major joint in the body.
 - c. Differentiate the various patient positioning and use of applied force for accurate assessment of muscle strength for each major joint in the body.
 - d. Discuss the presence of sensation, postural and gait deviations and the impact on patient function.
 - e. Discuss the impact of psychosocial factors on the utilization of assessment tools on patient interactions.
- 2. Demonstrate proper patient positioning and accurate techniques for goniometric measurement of each major joint in the body.
 - a. Determine the various end-feels associated with passive range of motion prior to definitive goniometric testing.
 - b. Demonstrate effective palpation of anatomical landmarks to guide goniometric measurement.
 - c. Perform accurate goniometric assessments for active and passive ROM of each major joint and document findings.
- 3. Demonstrate appropriate technique in performing muscle strength screening exams for each plane of movement of all major joints in the body, including observation of muscle tone.
 - a. Identify both gravity-eliminated and gravity-resisted movements in proper

- sequence for testing.
- b. Identify the appropriate muscle group to test based on patient condition and document an accurate manual muscle test grade.
- c. Differentiate between muscle strength screening, definitive manual muscle testing, and functional strength assessment.
- 4. Demonstrate competency with basic assessment skills of patients commonly seen in a rehabilitation center, including inspection and observation of resting posture and alignment during rest and activities.
 - a. Perform a general inspection of the patient including muscle mass, posture, skin integrity and color, cardiopulmonary status (HR and RR), edema, and deformity.
 - b. Perform a basic functional movement assessment for all planes of motion including gait, and recognizes level of functional status.
 - c. Document accurate and relevant anthropometric readings of height, weight, length, girth or edema for major body segments.
 - d. Recognize activities that aggravate or relieve edema, pain, dyspnea, or other symptoms.
- 5. Demonstrate the appropriate selection and application of muscle length assessments for various patient conditions.
 - a. Demonstrate proper positioning of muscles based on whether they cross one or multiple joints.
 - b. Describe how muscle length testing contributes to overall assessment of muscle function.
 - c. Assess whether muscles are shortened or lengthened or within normal limits for the major extremity joints.
 - d. Identify the indications, precautions and contraindications to muscle length testing.
- Demonstrate the ability to communicate verbally and nonverbally with appropriate individuals when providing physical therapy interventions within the plan of care established by the physical therapist.
 - a. Adapt to the various psychological responses to touch and non-verbal communication, including differences based on culture.
 - b. Adapt assessment techniques based on patient response and non- verbal communication.

Big Ideas and Essential Questions

Big Ideas

- Inspection/Observation Posture assessment and data collection
- Goniometry assessment and data collection
- Manual muscle testing assessment and data collection

Muscle length testing assessment and data collection

Essential Questions

- 1. How does patient assessments guide our interventions?
- 2. What is the purpose of goniometric assessment and when is it used?
- 3. How accurate and useful is manual muscle testing when applied appropriately?
- 4. Why is the sequence of assessment important to understand?
- 5. Why do we observe patients at rest and with movement?
- 6. How does the assessment of muscle length contribute to overall functional movement pattern?

These SLOs are approved for experiential credit.

Effective: Fall 2023